

SAMPLE SUPER 401K

Fox & Lalonde, LLC

Qualified Plan Design, Consulting & Administration

Name	Age	Date of Hire	Compensation (IRS Limit)	Profit Sharing	Super k Add-on	Total Contribution
14 Shareholders						
SH1	49	8/17/88	\$ 218,497	\$ 20,500	\$ 70,000	\$ 90,500
SH2 -.5	36	12/1/01	225,000	20,500	35,000	\$ 55,500
SH3	46	7/1/92	225,000	20,500	70,000	\$ 90,500
SH4 - .5	46	4/1/04	225,000	20,500	35,000	\$ 55,500
SH5	48	8/6/90	225,000	20,500	70,000	\$ 90,500
SH6	50	8/1/87	225,000	20,500	70,000	\$ 90,500
SH7	50	8/15/89	225,000	20,500	70,000	\$ 90,500
SH8	51	7/18/88	225,000	20,500	70,000	\$ 90,500
SH9	52	2/1/93	225,000	20,500	70,000	\$ 90,500
SH10	53	8/1/95	225,000	20,500	70,000	\$ 90,500
SH11	55	8/1/80	225,000	20,500	70,000	\$ 90,500
SH12	55	1/1/90	225,000	20,500	70,000	\$ 90,500
SH13	60	8/1/80	225,000	20,500	70,000	\$ 90,500
SH14	65	1/1/90	225,000	20,500	70,000	\$ 90,500
Subtotals			\$ 3,143,497	\$ 287,000	\$ 910,000	\$ 1,197,000
191 Non-Shareholders						Total w/o 401(k)
	21	6/26/06	\$ 9,791	\$ 0	\$ 0	\$ 0
	26	6/26/06	10,247	0	0	\$ 0
	25	6/5/06	11,414	0	0	\$ 0
	26	5/22/06	12,208	0	0	\$ 0
	27	3/6/01	13,004	975	500	\$ 1,475
	26	5/1/06	13,190	0	0	\$ 0
	27	7/30/01	13,542	1,016	500	\$ 1,516
	36	5/15/06	13,798	0	0	\$ 0
	24	4/24/06	14,041	0	0	\$ 0
	28	1/15/01	14,426	1,082	500	\$ 1,582
	58	6/12/06	14,780	0	0	\$ 0
	52	5/1/06	15,801	0	0	\$ 0
	31	3/27/06	16,484	0	0	\$ 0
	29	3/13/06	16,683	0	0	\$ 0
	55	5/8/06	17,396	0	0	\$ 0
	25	3/6/06	17,847	0	0	\$ 0
	29	1/16/06	18,067	0	0	\$ 0
	31	10/14/02	19,594	1,470	500	\$ 1,970
	25	8/30/04	20,143	1,511	500	\$ 2,011
	25	8/1/05	20,808	0	0	\$ 0
	58	7/21/03	20,879	1,566	500	\$ 2,066
	24	7/1/05	20,944	1,571	500	\$ 2,071
	60	8/3/04	21,116	1,584	500	\$ 2,084
	25	6/1/04	21,232	1,592	500	\$ 2,092

33	5/30/06	21,490	0	0	\$ 0
28	2/6/06	21,645	0	0	\$ 0
41	4/22/02	21,779	1,633	500	\$ 2,133
32	9/20/04	21,802	1,635	500	\$ 2,135
27	4/8/02	22,281	1,671	500	\$ 2,171
54	12/1/03	22,481	1,686	500	\$ 2,186
31	7/18/05	22,803	0	0	\$ 0
59	1/3/05	22,888	1,717	500	\$ 2,217
40	6/25/01	23,296	1,747	500	\$ 2,247
28	7/28/03	23,308	1,748	500	\$ 2,248
56	7/8/02	23,369	1,753	500	\$ 2,253
43	2/7/05	23,595	1,770	500	\$ 2,270
28	8/23/00	23,676	1,776	500	\$ 2,276
30	5/8/06	23,788	0	0	\$ 0
38	11/20/00	23,989	1,799	500	\$ 2,299
38	5/20/02	24,093	1,807	500	\$ 2,307
28	7/23/01	24,159	1,812	500	\$ 2,312
48	10/1/04	24,475	1,836	500	\$ 2,336
62	1/15/01	24,515	1,839	500	\$ 2,339
25	7/26/01	24,610	1,846	500	\$ 2,346
55	11/10/97	25,026	1,877	500	\$ 2,377
54	8/13/01	25,214	1,891	500	\$ 2,391
28	7/23/01	25,500	1,912	500	\$ 2,412
27	5/8/06	25,704	0	0	\$ 0
53	10/3/05	25,814	0	0	\$ 0
46	11/14/05	25,944	0	0	\$ 0
31	9/30/02	26,061	1,955	500	\$ 2,455
53	2/10/03	26,084	1,956	500	\$ 2,456
30	8/20/01	26,159	1,962	500	\$ 2,462
59	4/1/06	26,327	0	0	\$ 0
28	11/7/05	26,345	0	0	\$ 0
32	6/2/03	26,357	1,977	500	\$ 2,477
38	12/7/98	26,864	2,015	500	\$ 2,515
34	10/20/99	26,924	2,019	500	\$ 2,519
69	11/1/04	26,937	2,020	500	\$ 2,520
53	10/16/00	27,026	2,027	500	\$ 2,527
21	8/8/05	27,095	0	0	\$ 0
51	1/6/97	27,392	2,054	500	\$ 2,554
128 Non-participants					
Subtotals		\$ 10,680,023	\$ 64,105	\$ 18,500	\$ 82,605
Grand Totals		\$ 13,823,520	\$ 351,105	\$ 928,500	\$ 1,279,605
Percent to Shareholders					93.5%

Profit Sharing Rate for 37 Non-Shareholders is 7.50%.